



All ingredients are produced in Miyagi Prefecture.



## What is Halal?

Halal means "permissible" in Arabic and refers to food and services for Muslims. Grains, vegetables, and seafood are considered halal foods that can be eaten, but pork, alcohol, and beef that has not been properly slaughtered are prohibited and are called haram.

### <Prohibited ingredients>

#### ✗ meat

- Pork (including ham, lard, gelatin)
- Improperly slaughtered beef, chicken, or lamb

#### ✗ alcohol

- Sake, beer, wine, shochu
- Mirin, cooking sake, soy sauce or miso containing alcohol

#### ✗ other

- Reptiles and insects (snakes, crocodiles, alligators, grasshoppers)
- Amphibian (turtles, frogs, crabs)

## Kesennuma Shumai



## Bonito rice balls



### point

The ingredients listed below, Lawar and Sambal Mata, are condiments and sauces from Bali, Indonesia. The spices can be adjusted at each store!